
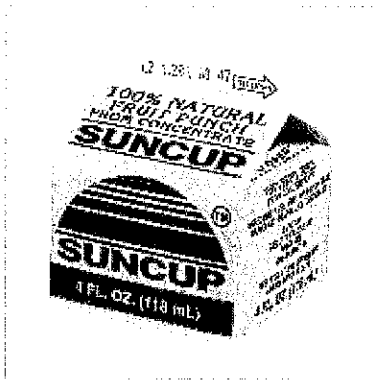



Suncup 100% Fruit Punch Juice Carton, Frozen, Single-Serve, 4 Fl Oz Each, 70/Case

Item Number: 355900 



This fruit punch is 100 percent real juice from concentrate, and comes in convenient paper cartons. The low-profile, stable design is unlikely to tip over on serving trays, making them ideal for healthcare and schools.

- No added sugar, preservatives, flavoring, or dyes

Case (70/4 Fluid Ounce Each)  

Print

Nutrition

Based On: Rounding:

Ingredients

Water, Apple and/or Pear, Grape, Orange and Pineapple Concentrates. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and ingredient statement updated January 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (113.4g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium	n/a
Carbohydrates 14g	5%
Fiber 0g	n/a
Sugar 12g	
Protein 0g	n/a
Vitamin A 1U 0% Vitamin C 0% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	1 Each
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rules ~~11/11/2017~~

Meat/Meat Alternative	0 oz
Grain/Breads	0 oz eq
Fruit	0.5 cup
Red/Orange	0 cup
Dark Green	0 cup
Starchy	0 cup
Beans/Peas	0 cup
Other	0 cup
Notes:	No PFS on file

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

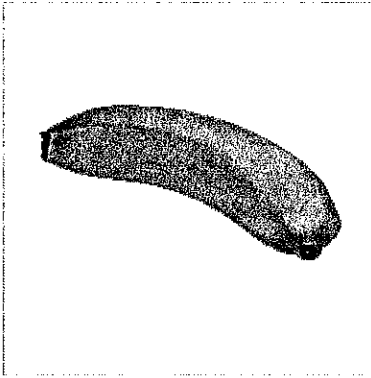
Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

Packer Label Single Stage 3 - 5 Bananas, Fresh, 1 Ea, 150/Case

Item Number: 197769

These bulk-packed bananas are shipped more yellow than green to all yellow with green tips. The fruit is sweet, creamy, and on the firmer side. Brand may vary.



Case (150/1 Each Box)



Print

Nutrition

Based On: Rounding:

Ingredients

For ingredient or allergen information, please contact: Caito Foods, phone: 800-652-8165. Please reference manufacturer number: 385310. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. The nutrition information provided here reflects the current information provided to GFS by the USDA National Nutrient Database for Standard Reference as of December 2016. For more information please visit: www.nal.usda.gov/fnic/foodcomp/search/ This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (118g)	
Amount Per Serving	
Calories 110	Calories From Fat 3.5
	% Daily Value *
Fat 0g	1%
Saturated Fat 0g	1%
Trans Fat n/a	
PolyUnsat. Fat 0g	n/a
MonoUnsat Fat 0g	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium 420mg	12%
Carbohydrates 27g	9%
Fiber 3g	12%
Sugar 14g	
Protein 1g	3%
Vitamin A IU 2% Vitamin B6 22% Vitamin B12 null%	
Vitamin C 15% Vitamin E mg null% Vitamin K null%	
Calcium 0% Iron 2% Phosphorous 3% Magnesium 8%	
Zinc 1% Copper 5% Selenium null% Manganese null%	
Thiamin 2% Riboflavin 5% Niacin B3 4% Pantothenic Acid 4%	
Folic Acid 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	0.037 mg
Riboflavin	0.086 mg
Niacin B3	0.785 mg
Pantothenic Acid	0.394 mg
Folic Acid	0 mcg
Vitamin B6	0.433 mg
Vitamin B12	0 mcg
Vitamin C	10.27 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:




Vitamin D IU	n/a
Vitamin E mg	0.319 mg
Vitamin K	0.59 mcg
Vitamin A IU	75.52 IU

Minerals:

Phosphorous	26 mg
Zinc	0.2 mg
Magnesium	31.86 mg
Copper	0.092 mg
Selenium	1.18 mg
Calcium	5.9 mg
Iron	0.31 mg
Manganese	0.319 mg
Iodine	n/a

GFS Ready to Use Apple Pie Filling, #10, 10 Can Sz Can, 6/Case



Item Number: 124222   

This ready-to-use, quality pie filling features thick, firm slices of several apple varieties, blended with sugar and aromatic spices.

Case (6/10 Industry std CAN)

Print

Nutrition

Based On: Rounding:

Ingredients

Apples, Water, High Fructose Corn Syrup, Food Starch-Modified, Calcium Lactate, Citric Acid, Spices & Coloring, Sodium Benzoate & Potassium Sorbate (Preservatives), Erythorbic Acid (to promote color retention). COMMON ALLERGENS PRESENT: None. Nutrition and ingredient statement updated September 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.33 cup (87g)	
Amount Per Serving	
Calories 100	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 50mg	2%
Potassium	n/a
Carbohydrates 24g	8%
Fiber 1g	4%
Sugar 19g	
Protein 0g	n/a
Vitamin A 0% Vitamin C 0% Calcium 2% Iron 2%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

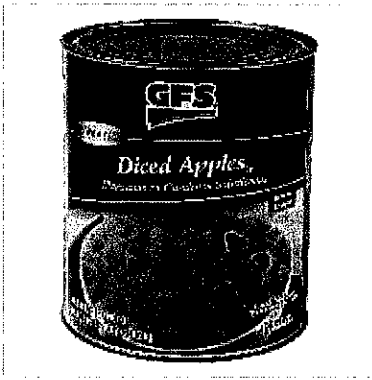
Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	20 mg
Iron	0.36 mg
Manganese	n/a
Iodine	n/a

GFS Diced Apples, in Water, Fancy, #10, 104 Oz Can, 6/Case



Item Number: 117803

Sweet, Fuji apples have been packed in water and are ideal for turnovers, specialty desserts, muffins, pancakes, and more.

Case (6/104 Ounce Can)

Print

Nutrition

Based On: Rounding:

Ingredients

Apples, water. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated October 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (125g)	
Amount Per Serving	
Calories 35	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium	n/a
Carbohydrates 9g	3%
Fiber 1g	4%
Sugar 7g	
Protein 0g	n/a
Vitamin A 1U 0% Vitamin C 2% Calcium 0% Iron 8%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Updated For New Final Rules

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

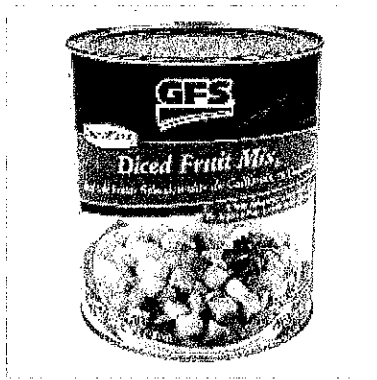
Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	1.44 mg
Manganese	n/a
Iodine	n/a

GFS Diced Fruit Mix, in Juice, Choice, #10, 10 Can Sz Can, 6/Case



Item Number: 610348 **K***

This blend of diced, yellow cling peaches, peeled pears, and whole seedless grapes is packed in juice to provide a light, fresh tasting side dish or topping.

- Contains zero grams trans fat

Case (6/10 Industry std CAN)

Print

Nutrition

Based On: AP Fruit Mix, Diced, In Juice, GFS Rounding: On

Ingredients

DICED PEACHES, DICED PEARS, WATER, GRAPES, PEAR JUICE CONCENTRATE. COMMON ALLERGENS PRESENT: None. Grade A cultured nonfat milk, milk, salt, contains less than 2% of the following (tapioca starch, potassium sorbate (A preservative), artificial color, guar gum, mono and diglycerides, locust bean gum, carrageenan, polysorbate 80, natural and artificial flavors, vitamin A palmitate, enzymes). COMMON ALLERGENS PRESENT: Milk. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated December 2015. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 0.5 cup (124g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium 85mg	2%
Carbohydrates 13g	4%
Fiber 1g	4%
Sugar 13g	
Protein 1g	2%
Vitamin A IU 4% Vitamin C 2% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	200 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

GFS Diced Bartlett Pears, in Juice, Fancy, #10, 105 Oz Can, 6/Case



Item Number: 610364



Pacific Northwest Bartlett pears are peeled, pitted, and diced before being packed in pear juice, creating an ideal ingredient for specialty salads, salad bars, desserts, and more.

Case (6/105 Ounce Can)

Print

Nutrition

Based On: Rounding:

Ingredients

Pears, Water, Pear Juice From Concentrate. **COMMON ALLERGENS PRESENT:** None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated May 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and **NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.**

Nutrition Facts

Serving Size 0.5 cup (125g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 10mg	n/a
Potassium	n/a
Carbohydrates 14g	5%
Fiber 2g	8%
Sugar 12g	
Protein 0g	n/a
Vitamin A IU 0% Vitamin C 0% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9	Carbohydrates: 4 Protein: 4

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

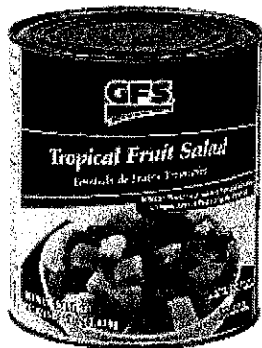
Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

GFS Tropical Fruit Salad, in Juice, #10, 10 Can Sz Can, 6/Case



Item Number: 614556

This tropical fruit salad features a blend of pineapple chunks, red and yellow papaya chunks, guava cubes, and is packed in juice.

Case (6/10 Industry std CAN)

Print

Nutrition

Based On: AP Fruit Salad, Tropical, Cnd in Jc, Nat Rounding: On

Ingredients

Water, Pineapple Chunks, Red Papaya Chunks, Yellow Papaya Chunks, Guava Chunks, Pineapple Juice, Citric Acid. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the Ingredient information on the actual label of the product. Nutrition and ingredient statement updated January 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 0.5 cup (125g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium	n/a
Carbohydrates 15g	5%
Fiber 1g	4%
Sugar 14g	
Protein 0g	n/a
Vitamin A 0% Vitamin C 30% Calcium 0% Iron 2%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	18 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a



Fat Soluble Vitamins:

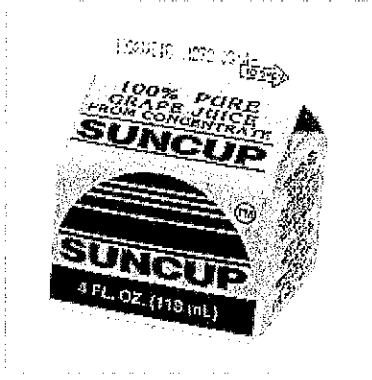
Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0.36 mg
Manganese	n/a
Iodine	n/a

Suncup 100% Grape Juice Carton, Frozen, Single-Serve, 4 Fl Oz Each, 70/Case

Item Number: 403040  



This 100 percent real juice is made from concentrate, and comes in convenient paper cartons. The low-profile, stable design is unlikely to tip over on serving trays, making them ideal for healthcare and schools.

- No added sugar, preservatives, flavoring, or dyes

Case (70/4 Fluid Ounce Each)



Print

Nutrition

Based On: Rounding:

Ingredients

Water, Grape Juice Concentrate, Ascorbic Acid (Vitamin C).
 COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated January 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (113.4g)	
Amount Per Serving	
Calories 80	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 10mg	n/a
Potassium	n/a
Carbohydrates 19g	6%
Fiber 0g	n/a
Sugar 18g	
Protein 0g	n/a
Vitamin A IU 0% Vitamin C 100% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	1 Each
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	60 mg

Updated For New Final Rule

Meat/Meat Alternative	0 oz
Grain/Breads	0 oz eq
Fruit	0.5 cup
Red/Orange	0 cup
Dark Green	0 cup
Starchy	0 cup
Beans/Peas	0 cup
Other	0 cup
Notes:	No PFS on file


Fat Soluble Vitamins:

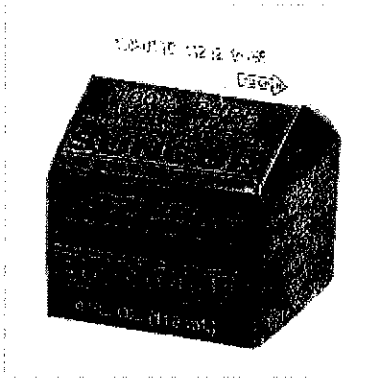
Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

Suncup 100% Apple Juice Carton, Frozen, Single-Serve, 4 Fl Oz Each, 70/Case

Item Number: 207990 



This juice drink is 100 percent real juice from concentrate, and comes in convenient foil-topped plastic cups. The low-profile, stable design is unlikely to tip over on serving trays, making them ideal for healthcare and schools.

- No added sugar, preservatives, or dyes

Case (70/4 Fluid Ounce Each)

Print

Nutrition

Based On: Rounding:

Ingredients

Water, Apple Juice Concentrate, Ascorbic Acid (Vitamin C).
 COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated January 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (113.4g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium	n/a
Carbohydrates 14g	5%
Fiber 0g	n/a
Sugar 12g	
Protein 0g	n/a
Vitamin A 1U 0% Vitamin C 100% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	1 Each
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	60 mg

Updated For New Final Rules:

Meat/Meat Alternative	0 oz
Grain/Breads	0 oz eq
Fruit	0.5 cup
Red/Orange	0 cup
Dark Green	0 cup
Starchy	0 cup
Beans/Peas	0 cup
Other	0 cup
Notes:	No PFS on file



Fat Soluble Vitamins:

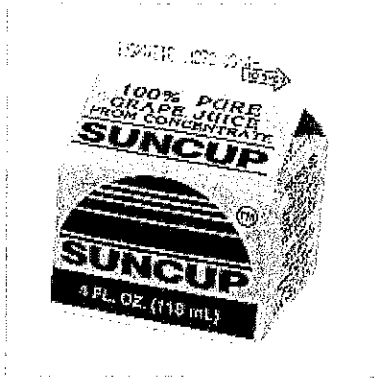
Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a



Suncup 100% Grape Juice Carton, Frozen, Single-Serve, 4 Fl Oz Each, 70/Case

Item Number: 403040  



This 100 percent real juice is made from concentrate, and comes in convenient paper cartons. The low-profile, stable design is unlikely to tip over on serving trays, making them ideal for healthcare and schools.

- No added sugar, preservatives, flavoring, or dyes

Case (70/4 Fluid Ounce Each)  

Print

Nutrition

Based On: Rounding:

Ingredients

Water, Grape Juice Concentrate, Ascorbic Acid (Vitamin C).
 COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and ingredient statement updated January 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 1 each (113.4g)	
Amount Per Serving	
Calories 80	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 10mg	n/a
Potassium	n/a
Carbohydrates 19g	6%
Fiber 0g	n/a
Sugar 18g	
Protein 0g	n/a
Vitamin A IU 0% Vitamin C 100% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	1 Each
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	60 mg

Updated For New Final Rule

Meat/Meat Alternative	0 oz
Grain/Breads	0 oz eq
Fruit	0.5 cup
Red/Orange	0 cup
Dark Green	0 cup
Starchy	0 cup
Beans/Peas	0 cup
Other	0 cup
Notes:	No PFS on file

Fat Soluble Vitamins:


Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

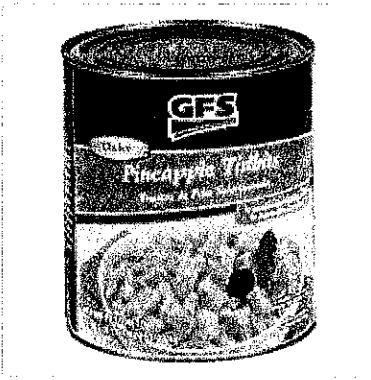
GFS Pineapple Tidbits, in Unsweetened Juice, Choice, #10, 10 Can Sz Can, 6/Case



Item Number: 189979 

These ready-to-eat pineapple tidbits are packed in juice.

Case (6/10 Industry std CAN)



Print

Nutrition

Based On: AP Pineapple, Tidbits, Cnd in Jc, GFS Rounding: On

Ingredients

Pineapple, unsweetened pineapple juice. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated September 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the Ingredient information on the actual label of the product

Nutrition Facts

Serving Size 0.5 cup (124.99g)	
Amount Per Serving	
Calories 70	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium	n/a
Carbohydrates 18g	6%
Fiber 1g	4%
Sugar 15g	
Protein 0g	n/a
Vitamin A IU 0% Vitamin C 15% Calcium 0% Iron 2%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	9 mg

Updated For New Final Rule ~~2011-2012~~

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

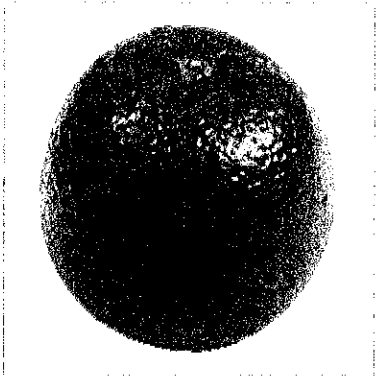
Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0.36 mg
Manganese	n/a
Iodine	n/a

**Markon Essentials 113 Count Fancy Oranges, Fresh, 1 Ct ,
Each, 113/Case**



Item Number: 198013

The variety of these oranges depends on seasonality, so Valencias will usually ship from May to October; and navels from November to May. The actual count will vary with the seasons and volume of the fruit's juice and may be different from the stated count.

- First Crop is whole fruits and vegetables packed to detailed specifications for quality and yield
- Sourced from growers who utilize sustainable crop practices
- Backed by the field-to-table 5-Star Food Safety Program, which monitors safety at five key points

Case (113/1 Count Each)



Print

Nutrition

Based On: Rounding:

Ingredients

Oranges. COMMON ALLERGENS PRESENT: None. Nutrition and ingredient statement updated December 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 1 cup (165g)	
Amount Per Serving	
Calories 80	Calories From Fat 2.2
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat n/a	
PolyUnsat. Fat 0g	n/a
MonoUnsat Fat 0g	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium 270mg	8%
Carbohydrates 21g	7%
Fiber 4g	15%
Sugar 14g	
Protein 2g	3%
Vitamin A 1U 8% Vitamin B6 7% Vitamin B12 null% Vitamin C 160% Vitamin K null% Calcium 6% Iron 0% Phosphorous 4% Magnesium 5% Zinc 1% Copper 3% Selenium null% Manganese null% Thiamin 7% Riboflavin 5% Niacin B3 4% Pantothenic Acid 4% Folic Acid 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	0.112 mg
Riboflavin	0.084 mg
Niacin B3	0.701 mg
Pantothenic Acid	0.431 mg
Folic Acid	0 mcg
Vitamin B6	0.13 mg
Vitamin B12	0 mcg
Vitamin C	97.52 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:



Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	0 mcg
Vitamin A IU	407.55 IU

Minerals:

Phosphorous	38 mg
Zinc	0.1 mg
Magnesium	18.15 mg
Copper	0.064 mg
Selenium	0 mg
Calcium	70.95 mg
Iron	0.21 mg
Manganese	0.048 mg
Iodine	n/a

GFS No Sugar Added Applesauce, in Juice, Fancy, #10, 10 Can Sz Can, 6/Case



Item Number: 610283  

Quality Northwest apples are blended in unsweetened apple juice with no sugar added, providing a sweet flavor without any tartness.

- No added sugar

Case (6/10 Industry std CAN)

Print

Nutrition

Based On: AP Applesauce, in Jce, NSA, GFS Rounding: On

Ingredients

Apples, water, apple juice from concentrate (concentrated apple juice, water). Ascorbic acid (Vitamin C) to maintain color. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated August 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product

Nutrition Facts

Serving Size 0.5 cup (122g)	
Amount Per Serving	
Calories 50	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 10mg	n/a
Potassium	n/a
Carbohydrates 13g	4%
Fiber 2g	8%
Sugar 8g	
Protein 0g	n/a
Vitamin A 0% Vitamin C 0% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:


Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:


Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

GFS Whole Mandarin Orange Segments, in Juice, #10, 10 Can Sz Can, 6/Case



Item Number: 612448 

These ready-to-eat whole mandarin segments are packed in juice.

Case (6/10 Industry std CAN) 

Print

Nutrition

Based On: Rounding:

Ingredients

Whole Mandarin Orange Segments, Water, Pear Juice Concentrate. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated September 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (140g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 10mg	n/a
Potassium	n/a
Carbohydrates 14g	5%
Fiber 0g	n/a
Sugar 11g	
Protein 1g	2%
Vitamin A 1U 8% Vitamin C 30% Calcium 2% Iron 2%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	18 mg

Updated For New Final Rule ~~1/10/2017~~

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

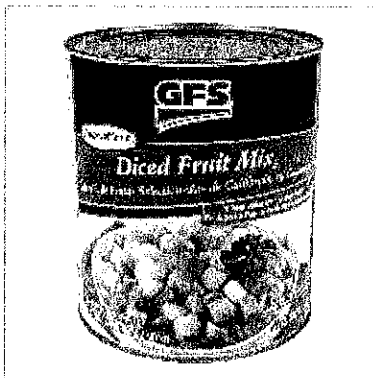
Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	400 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	20 mg
Iron	0.36 mg
Manganese	n/a
Iodine	n/a

GFS Diced Fruit Mix, in Juice, Choice, #10, 10 Can Sz Can, 6/Case



Item Number: 610348

This blend of diced, yellow cling peaches, peeled pears, and whole seedless grapes is packed in juice to provide a light, fresh tasting side dish or topping.

- Contains zero grams trans fat

Case (6/10 Industry std CAN)



Print

Nutrition

Based On: Rounding:

Ingredients

DICED PEACHES, DICED PEARS, WATER, GRAPES, PEAR JUICE CONCENTRATE. COMMON ALLERGENS PRESENT: None, Grade A cultured nonfat milk, milk, salt, contains less than 2% of the following (tapioca starch, potassium sorbate (A preservative), artificial color, guar gum, mono and diglycerides, locust bean gum, carrageenan, polysorbate 80, natural and artificial flavors, vitamin A palmitate, enzymes). COMMON ALLERGENS PRESENT: Milk. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated December 2015. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 0.5 cup (124g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium 85mg	2%
Carbohydrates 13g	4%
Fiber 1g	4%
Sugar 13g	
Protein 1g	2%
Vitamin A IU 4% Vitamin C 2% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a



Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	200 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

Sandridge Cranberry Orange Relish Salad, Vegan, Low-Fat, Refrigerated, 10 Lb Carton, 1/Case

Item Number: 772510  



This relish featuring cranberries, diced apples, and oranges blended in their own juices to create a fresh fruit taste. It is suitable as a side dish or on top of desserts.

- Fully prepared for ready-to-serve convenience
- Contains zero grams trans fat
- Vegan
- Dairy-free

Case (1/10 Pound Carton)

Print

Nutrition

Based On: Rounding:

Ingredients

CRANBERRIES, APPLES, HIGH FRUCTOSE CORN SYRUP, SUGAR, ORANGES, MODIFIED CORN STARCH, LEMON JUICE (Lemon Juice Concentrate, Water), POTASSIUM SORBATE (To Retard Spoilage), CITRIC ACID, XANTHAN GUM, GUAR GUM. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated November 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 0.33 cup (70g)	
Amount Per Serving	
Calories 100	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium	n/a
Carbohydrates 24g	8%
Fiber 2g	8%
Sugar 22g	
Protein 0g	n/a
Vitamin A 0% Vitamin C 15% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	9 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU




Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

GFS Diced Yellow Cling Peaches, in Juice, Choice, #10, 105 Oz Can, 6/Case

3



Item Number: 610372   



Peeled, pitted, and diced California Yellow Cling peaches are packed in pear juice for a fresh tasting snack.

- 1/2 inch cubes

Case (6/105 Ounce Can)



Print

Nutrition

Based On: Rounding:

Ingredients

Peaches, Water, Pear Juice Concentrate. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated July 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (124g)	
Amount Per Serving	
Calories 50	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium	n/a
Carbohydrates 12g	4%
Fiber 0g	n/a
Sugar 10g	
Protein 0g	n/a
Vitamin A 10% Vitamin C 2% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	300 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

GFS Sliced Yellow Cling Peaches, in Juice, Choice, #10, 106 Oz Can, 6/Case



Item Number: 610267 **K**

Peeled, pitted, and sliced California Yellow Cling peaches are packed in pear juice for a fresh tasting snack.

Case (6/106 Ounce Can)



Print

Nutrition

Based On: Rounding:

Ingredients

Peaches, Water, Pear Juice Concentrate. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement January 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (124g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat 0g	n/a
MonoUnsat Fat 0g	n/a
Cholesterol 0mg	n/a
Sodium 5mg	n/a
Potassium	n/a
Carbohydrates 12g	4%
Fiber 0g	n/a
Sugar 10g	
Protein 0g	n/a
Vitamin A 1U 6% Vitamin C 2% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:


Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	300 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

GFS Sliced Bartlett Pears, in Juice, Choice, #10, 106 Oz Can, 6/Case



Item Number: 610399 

Pacific Northwest Bartlett pears are peeled, pitted, and sliced before being packed in sweet pear juice, creating an ideal ingredient for specialty salads, salad bars, desserts, and more.

Case (6/106 Ounce Can)

Print

Nutrition

Based On: Rounding:

Ingredients

Pears, Water, Pear Juice From Concentrate. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated May 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (125g)	
Amount Per Serving	
Calories 60	
	% Daily Value *
Fat 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 10mg	n/a
Potassium	n/a
Carbohydrates 14g	5%
Fiber 2g	8%
Sugar 12g	
Protein 0g	n/a
Vitamin A 1U 0% Vitamin C 0% Calcium 0% Iron 0%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a